



41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

Detailed evaluation

Dreher, Gerald

Club: Potsdam

Number: 92

Course: 26.20 km

Brockenlauf

Category:

Männer M45

Total time: 2:43:56

Speed: 9.59 km/h

Running performance: 6:16 min/km

Rank in course/Total: 185 (of 370)

Rank in course/Men: 165 (of 317)

Best time in course: 1:45:06

Rank in category: 43(of 74)

Best time in the category: 2:01:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Loddenke	3.30	18:55	5:43	34	4:37	151	5:53	3.30	18:55	5:43	15		160	5:52
Schlüsie	3.10	20:42	6:40	33	4:13	139	6:47	6.40	39:37	6:11	15		160	12:09
Hermannsklippe	2.60	17:46	6:49	30	3:45	132	6:04	9.00	57:23	6:22	15		160	17:51
Brocken	3.10	30:52	9:57	35	9:43	143	11:51	12.10	1:28:15	7:17	15		160	28:17
Eiserner Handwe	3.60	20:12	5:36	41	5:42	167	7:44	15.70	1:48:27	6:54	15		160	36:01
Schlüsie	4.00	17:49	4:27	35	4:20	148	6:36	19.70	2:06:16	6:24	12		159	42:37
Loddenke	3.20	18:14	5:41	48	6:20	209	7:50	22.90	2:24:30	6:18	15		160	50:27
Ilseburg/Markt	3.30	19:26	5:53	55	6:46	223	8:23	26.20	2:43:56	6:15	43	42:35	165	58:50