



41. Brockenlauf, 21. Ilsesteinlauf  
Ilseburg / 03.09.2011

Detailed evaluation

Leuschner, Karsten

Club: LF Ehberg 02  
Number: 359

Course: 26.20 km  
Brockenlauf

Category:  
Männer M35

Total time: 2:45:14

Speed: 9.44 km/h  
Running performance: 6:19 min/km

Rank in course/Total: 192 (of 370)

Rank in course/Men: 170 (of 317)

Best time in course: 1:45:06

Rank in category: 20(of 30)

Best time in the category: 1:51:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:25	6:11	25	6:39	216	7:23	3.30	20:25	6:11	12	3:13	165	7:22
Schlüsie	3.10	22:22	7:12	25	7:00	213	8:27	6.40	42:47	6:41	12	5:50	165	15:19
Hermannsklippe	2.60	19:35	7:31	25	6:55	205	7:53	9.00	1:02:22	6:55	12	8:04	165	22:50
Brocken	3.10	32:20	10:25	21	11:35	172	13:19	12.10	1:34:42	7:49	12	9:56	165	34:44
Eiserner Handwe	3.60	20:17	5:38	21	7:03	174	7:49	15.70	1:54:59	7:19	11	8:34	165	42:33
Schlüsie	4.00	17:13	4:18	17	4:55	122	6:00	19.70	2:12:12	6:42	10	7:46	165	48:33
Loddenke	3.20	15:46	4:55	18	4:40	131	5:22	22.90	2:27:58	6:27	11	8:35	165	53:55
Ilseburg/Markt	3.30	17:16	5:13	18	5:02	150	6:13	26.20	2:45:14	6:18	20	53:49	170	1:00:08