



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Bartölke, Martin

Club: MTV Bockenem
Number: 170

Course: 26.20 km
Brockenlauf

Category:
Männer M35

Total time: 2:45:32

Speed: 9.50 km/h
Running performance: 6:19 min/km

Rank in course/Total: 195 (of 370)

Rank in course/Men: 173 (of 317)

Best time in course: 1:45:06

Rank in category: 21(of 30)

Best time in the category: 1:51:25

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Stage score		Pos	Behind	Total		Pos	Behind	Total ranking		
	km	Time			min/km	Cat.			Men	Men			km	Time	min/km
Loddenke	3.30	16:37	5:02	7	2:51	47	3:35		3.30	16:37	5:02	11		167	3:34
Schlüsie	3.10	19:27	6:16	15	4:05	94	5:32		6.40	36:04	5:38	11		167	8:36
Hermannsklippe	2.60	17:26	6:42	18	4:46	120	5:44		9.00	53:30	5:56	11		167	13:58
Brocken	3.10	33:11	10:42	24	12:26	200	14:10		12.10	1:26:41	7:09	11	1:55	167	26:43
Eiserner Handwe	3.60	22:43	6:18	25	9:29	241	10:15		15.70	1:49:24	6:58	10	2:59	167	36:58
Schlüsie	4.00	19:27	4:51	22	7:09	205	8:14		19.70	2:08:51	6:32	9	4:25	156	45:12
Loddenke	3.20	17:08	5:21	21	6:02	186	6:44		22.90	2:25:59	6:22	10	6:36	167	51:56
Ilseburg/Markt	3.30	19:33	5:55	23	7:19	225	8:30		26.20	2:45:32	6:19	21	54:07	173	1:00:26