



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Jakob, Philipp

Club: Martinroda
Number: 72

Course: 26.20 km
Brockenlauf

Category:
Männer M40

Total time: 2:45:21

Speed: 9.43 km/h
Running performance: 6:19 min/km

Rank in course/Total: 194 (of 370)

Rank in course/Men: 172 (of 317)

Best time in course: 1:45:06

Rank in category: 31(of 47)

Best time in the category: 1:45:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:57	6:02	37	6:55	199	6:55	3.30	19:57	6:02	7	0:05	169	6:54
Schlüsie	3.10	21:27	6:55	32	7:18	174	7:32	6.40	41:24	6:28	7	0:30	169	13:56
Hermannsklippe	2.60	17:58	6:54	25	6:01	142	6:16	9.00	59:22	6:35	7	0:21	169	19:50
Brocken	3.10	32:08	10:21	31	12:03	170	13:07	12.10	1:31:30	7:33	7	0:59	169	31:32
Eiserner Handwe	3.60	18:33	5:09	20	6:01	107	6:05	15.70	1:50:03	7:00	7		169	37:37
Schlüsie	4.00	17:45	4:26	26	6:17	144	6:32	19.70	2:07:48	6:29	8		169	44:09
Loddenke	3.20	18:10	5:40	33	7:39	207	7:46	22.90	2:25:58	6:22	7		169	51:55
Ilseburg/Markt	3.30	19:23	5:52	34	8:00	220	8:20	26.20	2:45:21	6:18	31	59:38	171	1:00:15