



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Junig, Gunnar

Club: Brockenlaufverein
Number: 208

Course: 26.20 km
Brockenlauf

Category:
Männer M55

Total time: 2:46:17

Speed: 9.38 km/h
Running performance: 6:21 min/km

Rank in course/Total: 199 (of 370)

Rank in course/Men: 177 (of 317)

Best time in course: 1:45:06

Rank in category: 14(of 30)

Best time in the category: 2:09:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:02	5:46	14	4:01	158	6:00	3.30	19:02	5:46	18		145	5:59
Schlüsie	3.10	22:15	7:10	20	5:17	206	8:20	6.40	41:17	6:27	18		172	13:49
Hermannsklippe	2.60	19:39	7:33	20	4:49	207	7:57	9.00	1:00:56	6:46	18	0:27	172	21:24
Brocken	3.10	33:34	10:49	18	6:33	212	14:33	12.10	1:34:30	7:48	18	3:21	172	34:32
Eiserner Handwe	3.60	19:01	5:16	9	3:37	127	6:33	15.70	1:53:31	7:13	18	1:05	172	41:05
Schlüsie	4.00	18:36	4:39	16	4:21	173	7:23	19.70	2:12:07	6:42	16		172	48:28
Loddenke	3.20	16:46	5:14	15	3:44	173	6:22	22.90	2:28:53	6:30	18		172	54:50
Ilseburg/Markt	3.30	17:24	5:16	13	4:12	161	6:21	26.20	2:46:17	6:20	14	36:19	177	1:01:11