



41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

Detailed evaluation

Bischoff, Tom

Club: Groß Häuslingen
Number: 14

Course: 26.20 km
Brockenlauf

Category:
Männer M40

Total time: 2:47:45

Speed: 9.30 km/h
Running performance: 6:24 min/km

Rank in course/Total: 213 (of 370)

Rank in course/Men: 190 (of 317)

Best time in course: 1:45:06

Rank in category: 36(of 47)

Best time in the category: 1:45:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:52	6:01	35	6:50	191	6:50	3.30	19:52	6:01	1	-	124	6:49
Schlüsie	3.10	21:02	6:47	28	6:53	155	7:07	6.40	40:54	6:23	1	-	185	13:26
Hermannsklippe	2.60	18:07	6:58	27	6:10	150	6:25	9.00	59:01	6:33	1	-	185	19:29
Brocken	3.10	31:30	10:09	27	11:25	156	12:29	12.10	1:30:31	7:28	1	-	185	30:33
Eiserner Handwe	3.60	20:59	5:49	33	8:27	201	8:31	15.70	1:51:30	7:06	1	-	185	39:04
Schlüsie	4.00	18:48	4:42	29	7:20	183	7:35	19.70	2:10:18	6:36	13		185	46:39
Loddenke	3.20	19:18	6:01	38	8:47	237	8:54	22.90	2:29:36	6:31	1	-	185	55:33
Ilsenburg/Markt	3.30	18:09	5:30	31	6:46	188	7:06	26.20	2:47:45	6:24	36	1:02:02	189	1:02:39