



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Pfaff, Daniela

Club: Berlin
Number: 262

Course: 26.20 km
Brockenlauf

Category:
Frauen W30

Total time: 2:47:48

Speed: 9.37 km/h
Running performance: 6:24 min/km

Rank in course/Total: 214 (of 370)

Rank in course/Women: 24 (of 53)

Best time in course: 2:03:07

Rank in category: 5(of 7)

Best time in the category: 2:03:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:37	6:51	6	8:18	40	8:18	3.30	22:37	6:51	5	8:18	51	
Schlüsie	3.10	24:11	7:48	6	8:08	37	8:08	6.40	46:48	7:18	5	16:26	51	
Hermannsklippe	2.60	20:06	7:43	6	6:48	29	6:48	9.00	1:06:54	7:26	5	23:14	8	
Brocken	3.10	30:48	9:56	5	8:22	18	8:22	12.10	1:37:42	8:04	5	31:36	50	
Eiserner Handwe	3.60	19:17	5:21	5	3:39	17	3:39	15.70	1:56:59	7:27	5	35:15	51	
Schlüsie	4.00	17:16	4:18	2	2:24	11	2:24	19.70	2:14:15	6:48	5	37:39	2	
Loddenke	3.20	15:40	4:53	5	2:47	20	2:47	22.90	2:29:55	6:32	5	40:26	50	
Ilseburg/Markt	3.30	17:53	5:25	6	4:15	32	4:15	26.20	2:47:48	6:24	5	44:41	24	44:41