



41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

Detailed evaluation

Bremer, Bernd

Club: ASC Grün Weiß Finsterwalde

Number: 225

Course: 26.20 km

Brockenlauf

Category:

Männer M65

Total time: 2:47:53

Speed: 9.36 km/h

Running performance: 6:25 min/km

Rank in course/Total: 215 (of 370)

Rank in course/Men: 191 (of 317)

Best time in course: 1:45:06

Rank in category: 3(of 13)

Best time in the category: 2:32:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Loddenke	3.30	21:28	6:30	9	3:03	256	8:26	3.30	21:28	6:30	2	3:03	186	8:25
Schlüsie	3.10	23:49	7:40	7	2:05	247	9:54	6.40	45:17	7:04	2	5:08	186	17:49
Hermannsklippe	2.60	20:52	8:01	5	2:14	238	9:10	9.00	1:06:09	7:21	2	7:22	186	26:37
Brocken	3.10	33:35	10:50	5	3:59	213	14:34	12.10	1:39:44	8:14	2	11:21	186	39:46
Eiserner Handwe	3.60	19:13	5:20	1	-	141	6:45	15.70	1:58:57	7:34	2	10:07	186	46:31
Schlüsie	4.00	16:35	4:08	1	-	105	5:22	19.70	2:15:32	6:52	2	8:58	186	51:53
Loddenke	3.20	15:19	4:47	1	-	113	4:55	22.90	2:30:51	6:35	2	7:12	186	56:48
Ilseburg/Markt	3.30	17:02	5:09	2	1:09	144	5:59	26.20	2:47:53	6:24	3	15:13	191	1:02:47