



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Götz, Jörg

Club: EGGER Wismar
Number: 30

Course: 26.20 km
Brockenlauf

Category:
Männer M50

Total time: 2:48:48

Speed: 9.31 km/h
Running performance: 6:26 min/km

Rank in course/Total: 220 (of 370)

Rank in course/Men: 195 (of 317)

Best time in course: 1:45:06

Rank in category: 29(of 51)

Best time in the category: 1:57:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:10	5:48	23	3:56	168	6:08	3.30	19:10	5:48	4		190	6:07
Schlüsie	3.10	22:36	7:17	31	6:11	217	8:41	6.40	41:46	6:31	4		143	14:18
Hermannsklippe	2.60	19:24	7:27	28	5:48	200	7:42	9.00	1:01:10	6:47	4		190	21:38
Brocken	3.10	31:17	10:05	20	8:53	154	12:16	12.10	1:32:27	7:38	4		190	32:29
Eiserner Handwe	3.60	21:08	5:52	33	7:36	204	8:40	15.70	1:53:35	7:14	4		190	41:09
Schlüsie	4.00	21:06	5:16	37	8:17	238	9:53	19.70	2:14:41	6:50	6		190	51:02
Loddenke	3.20	16:50	5:15	31	5:30	175	6:26	22.90	2:31:31	6:36	5		190	57:28
Ilseburg/Markt	3.30	17:17	5:14	25	5:08	151	6:14	26.20	2:48:48	6:26	29	50:56	195	1:03:42