



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Wöhlert, Heinz

Club: DUV

Number: 135

Course: 26.20 km

Brockenlauf

Category:

Männer M60

Total time: 2:49:04

Speed: 9.23 km/h

Running performance: 6:27 min/km

Rank in course/Total: 221 (of 370)

Rank in course/Men: 196 (of 317)

Best time in course: 1:45:06

Rank in category: 8(of 21)

Best time in the category: 2:18:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:00	5:45	7	2:22	155	5:58	3.30	19:00	5:45	15		93	5:57
Schlüsie	3.10	21:34	6:57	8	2:59	180	7:39	6.40	40:34	6:20	15		191	13:06
Hermannsklippe	2.60	18:44	7:12	11	2:50	175	7:02	9.00	59:18	6:35	15		138	19:46
Brocken	3.10	30:46	9:55	7	4:12	139	11:45	12.10	1:30:04	7:26	15		191	30:06
Eiserner Handwe	3.60	20:21	5:39	8	4:13	179	7:53	15.70	1:50:25	7:01	15		191	37:59
Schlüsie	4.00	18:47	4:41	8	3:44	180	7:34	19.70	2:09:12	6:33	11		191	45:33
Loddenke	3.20	19:13	6:00	13	5:32	235	8:49	22.90	2:28:25	6:28	15		191	54:22
Ilseburg/Markt	3.30	20:39	6:15	17	5:46	250	9:36	26.20	2:49:04	6:27	8	30:48	196	1:03:58