



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Rohr, Michael

Club: Wernigerode
Number: 324

Course: 26.20 km
Brockenlauf

Category:
Männer M60

Total time: 2:49:24

Speed: 9.28 km/h
Running performance: 6:28 min/km

Rank in course/Total: 222 (of 370)

Rank in course/Men: 197 (of 317)

Best time in course: 1:45:06

Rank in category: 9(of 21)

Best time in the category: 2:18:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:08	6:24	11	4:30	244	8:06	3.30	21:08	6:24	14		171	8:05
Schlüsie	3.10	21:56	7:04	9	3:21	191	8:01	6.40	43:04	6:43	14		192	15:36
Hermannsklippe	2.60	19:11	7:22	12	3:17	190	7:29	9.00	1:02:15	6:55	14		192	22:43
Brocken	3.10	32:00	10:19	9	5:26	165	12:59	12.10	1:34:15	7:47	14		192	34:17
Eiserner Handwe	3.60	20:50	5:47	12	4:42	195	8:22	15.70	1:55:05	7:19	14		192	42:39
Schlüsie	4.00	19:10	4:47	12	4:07	195	7:57	19.70	2:14:15	6:48	1	-	192	50:36
Loddenke	3.20	16:56	5:17	8	3:15	180	6:32	22.90	2:31:11	6:36	14		192	57:08
Ilseburg/Markt	3.30	18:13	5:31	9	3:20	191	7:10	26.20	2:49:24	6:27	9	31:08	197	1:04:18