



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Boney, Burkhard

Club: Laufgruppe Volkersheim
Number: 73

Course: 26.20 km
Brockenlauf

Category:
Männer M35

Total time: 2:49:31

Speed: 9.20 km/h
Running performance: 6:28 min/km

Rank in course/Total: 224 (of 370)

Rank in course/Men: 199 (of 317)

Best time in course: 1:45:06

Rank in category: 24(of 30)

Best time in the category: 1:51:25

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:32	5:18	13	3:46	85	4:30	3.30	17:32	5:18	8	0:20	194	4:29
Schlüsie	3.10	21:06	6:48	23	5:44	161	7:11	6.40	38:38	6:02	8	1:41	194	11:10
Hermannsklippe	2.60	18:55	7:16	23	6:15	180	7:13	9.00	57:33	6:23	8	3:15	133	18:01
Brocken	3.10	32:56	10:37	23	12:11	193	13:55	12.10	1:30:29	7:28	8	5:43	194	30:31
Eiserner Handwe	3.60	20:16	5:37	20	7:02	171	7:48	15.70	1:50:45	7:03	7	4:20	194	38:19
Schlüsie	4.00	19:28	4:51	23	7:10	206	8:15	19.70	2:10:13	6:36	6	5:47	194	46:34
Loddenke	3.20	18:42	5:50	24	7:36	224	8:18	22.90	2:28:55	6:30	7	9:32	194	54:52
Ilseburg/Markt	3.30	20:36	6:14	24	8:22	249	9:33	26.20	2:49:31	6:28	24	58:06	199	1:04:25