



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Boney, Burkhard

Club: Laufgruppe Volkersheim
Number: 73

Course: 26.20 km
Brockenlauf

Category:
Männer M35

Total time: 2:49:31

Speed: 9.27 km/h
Running performance: 6:28 min/km

Rank in course/Total: 224 (of 370)

Rank in course/Men: 199 (of 317)

Best time in course: 1:45:06

Rank in category: 24(of 30)

Best time in the category: 1:51:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Loddenke	3.30	17:32	5:18	13	85	3:46	4:30	3.30	17:32	5:18	8	194	0:20	4:29
Schlüsie	3.10	21:06	6:48	23	161	5:44	7:11	6.40	38:38	6:02	8	194	1:41	11:10
Hermannsklippe	2.60	18:55	7:16	23	180	6:15	7:13	9.00	57:33	6:23	8	133	3:15	18:01
Brocken	3.10	32:56	10:37	23	193	12:11	13:55	12.10	1:30:29	7:28	8	194	5:43	30:31
Eiserner Handwe	3.60	20:16	5:37	20	171	7:02	7:48	15.70	1:50:45	7:03	7	194	4:20	38:19
Schlüsie	4.00	19:28	4:51	23	206	7:10	8:15	19.70	2:10:13	6:36	6	194	5:47	46:34
Loddenke	3.20	18:42	5:50	24	224	7:36	8:18	22.90	2:28:55	6:30	7	194	9:32	54:52
Ilseburg/Markt	3.30	20:36	6:14	24	249	8:22	9:33	26.20	2:49:31	6:28	24	199	58:06	1:04:25