



41. Brockenlauf, 21. Ilsesteinlauf  
Ilseburg / 03.09.2011

Detailed evaluation

Vogel, Sebastian

Club: Halle/Saale  
Number: 213

Course: 26.20 km  
Brockenlauf

Category:  
Männer M20

Total time: 2:49:55

Speed: 9.18 km/h  
Running performance: 6:29 min/km

Rank in course/Total: 227 (of 370)

Rank in course/Men: 202 (of 317)

Best time in course: 1:45:06

Rank in category: 14(of 22)

Best time in the category: 1:45:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:26	5:35	13	5:24	125	5:24	3.30	18:26	5:35	10		197	5:23
Schlüsie	3.10	21:40	6:59	17	7:45	184	7:45	6.40	40:06	6:15	10	1:56	197	12:38
Hermannsklippe	2.60	19:06	7:20	16	7:24	188	7:24	9.00	59:12	6:34	10	4:59	197	19:40
Brocken	3.10	32:48	10:34	14	13:47	189	13:47	12.10	1:32:00	7:36	10	11:17	138	32:02
Eiserner Handwe	3.60	17:49	4:56	9	5:21	86	5:21	15.70	1:49:49	6:59	10	8:28	121	37:23
Schlüsie	4.00	20:55	5:13	17	9:42	236	9:42	19.70	2:10:44	6:38	9	12:37	197	47:05
Loddenke	3.20	18:15	5:42	15	7:51	210	7:51	22.90	2:28:59	6:30	10	9:06	197	54:56
Ilseburg/Markt	3.30	20:56	6:20	19	9:53	254	9:53	26.20	2:49:55	6:29	14	1:04:49	202	1:04:49