



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Hain, Fabian

Club: Goslar
Number: 54

Course: 26.20 km
Brockenlauf

Category:
Männer M20

Total time: 2:50:30

Speed: 9.15 km/h
Running performance: 6:31 min/km

Rank in course/Total: 228 (of 370)

Rank in course/Men: 203 (of 317)

Best time in course: 1:45:06

Rank in category: 15(of 22)

Best time in the category: 1:45:06

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:34	5:55	16	6:32	182	6:32	3.30	19:34	5:55	9	0:49	198	6:31
Schlüsie	3.10	20:57	6:45	14	7:02	150	7:02	6.40	40:31	6:19	9	2:21	198	13:03
Hermannsklippe	2.60	18:14	7:00	15	6:32	154	6:32	9.00	58:45	6:31	9	4:32	198	19:13
Brocken	3.10	33:17	10:44	16	14:16	203	14:16	12.10	1:32:02	7:36	9	11:19	198	32:04
Eiserner Handwe	3.60	19:34	5:26	14	7:06	154	7:06	15.70	1:51:36	7:06	9	10:15	198	39:10
Schlüsie	4.00	17:59	4:29	12	6:46	150	6:46	19.70	2:09:35	6:34	8	11:28	198	45:56
Loddenke	3.20	20:21	6:21	20	9:57	255	9:57	22.90	2:29:56	6:32	9	10:03	198	55:53
Ilseburg/Markt	3.30	20:34	6:13	18	9:31	248	9:31	26.20	2:50:30	6:30	15	1:05:24	203	1:05:24