



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Winkelmann, Thomas

Club: Quedlinburg
Number: 394

Course: 26.20 km
Brockenlauf

Category:
Männer M40

Total time: 2:51:15

Speed: 9.11 km/h
Running performance: 6:32 min/km

Rank in course/Total: 233 (of 370)

Rank in course/Men: 207 (of 317)

Best time in course: 1:45:06

Rank in category: 37(of 47)

Best time in the category: 1:45:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Loddenke	3.30	19:09	5:48	31	6:07	166	6:07	3.30	19:09	5:48	13		107	6:06
Schlüsie	3.10	21:05	6:48	29	6:56	160	7:10	6.40	40:14	6:17	13		202	12:46
Hermannsklippe	2.60	19:02	7:19	32	7:05	185	7:20	9.00	59:16	6:35	13	0:15	202	19:44
Brocken	3.10	34:12	11:01	37	14:07	225	15:11	12.10	1:33:28	7:43	13	2:57	202	33:30
Eiserner Handwe	3.60	21:26	5:57	35	8:54	211	8:58	15.70	1:54:54	7:19	13	3:24	202	42:28
Schlüsie	4.00	19:28	4:51	34	8:00	206	8:15	19.70	2:14:22	6:49	14	3:12	202	50:43
Loddenke	3.20	17:30	5:28	31	6:59	194	7:06	22.90	2:31:52	6:37	13	2:16	202	57:49
Ilseburg/Markt	3.30	19:23	5:52	34	8:00	220	8:20	26.20	2:51:15	6:32	37	1:05:32	207	1:06:09