



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Kohl, Ulrich

Club: Rennsteiglaufverein
Number: 222

Course: 26.20 km
Brockenlauf

Category:
Männer M60

Total time: 2:53:00

Speed: 9.09 km/h
Running performance: 6:36 min/km

Rank in course/Total: 238 (of 370)

Rank in course/Men: 211 (of 317)

Best time in course: 1:45:06

Rank in category: 12(of 21)

Best time in the category: 2:18:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Loddenke	3.30	21:46	6:35	13	5:08	261	8:44	3.30	21:46	6:35	1	-	205	8:43
Schlüsie	3.10	22:32	7:16	10	3:57	215	8:37	6.40	44:18	6:55	1	-	205	16:50
Hermannsklippe	2.60	18:38	7:09	10	2:44	172	6:56	9.00	1:02:56	6:59	11	0:01	206	23:24
Brocken	3.10	33:06	10:40	11	6:32	196	14:05	12.10	1:36:02	7:56	1	-	205	36:04
Eiserner Handwe	3.60	20:33	5:42	10	4:25	185	8:05	15.70	1:56:35	7:25	1	-	205	44:09
Schlüsie	4.00	18:51	4:42	10	3:48	186	7:38	19.70	2:15:26	6:52	7	1:11	206	51:47
Loddenke	3.20	18:00	5:37	10	4:19	204	7:36	22.90	2:33:26	6:42	1	-	205	59:23
Ilseburg/Markt	3.30	19:34	5:55	14	4:41	227	8:31	26.20	2:53:00	6:36	12	34:44	211	1:07:54