



41. Brockenlauf, 21. Ilsesteinlauf
Ilsenburg / 03.09.2011

Detailed evaluation

Maas, Denis

Club: Unikum
Number: 89

Course: 26.20 km
Brockenlauf

Category:
Männer M20

Total time: 2:53:44

Speed: 9.05 km/h
Running performance: 6:38 min/km

Rank in course/Total: 243 (of 370)

Rank in course/Men: 216 (of 317)

Best time in course: 1:45:06

Rank in category: 16(of 22)

Best time in the category: 1:45:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:17	6:08	17	7:15	214	7:15	3.30	20:17	6:08	8	1:32	179	7:14
Schlüsie	3.10	21:44	7:00	18	7:49	187	7:49	6.40	42:01	6:33	8	3:51	199	14:33
Hermannsklippe	2.60	20:25	7:51	20	8:43	230	8:43	9.00	1:02:26	6:56	8	8:13	211	22:54
Brocken	3.10	36:49	11:52	20	17:48	256	17:48	12.10	1:39:15	8:12	8	18:32	211	39:17
Eiserner Handwe	3.60	20:09	5:35	15	7:41	164	7:41	15.70	1:59:24	7:36	8	18:03	211	46:58
Schlüsie	4.00	18:27	4:36	13	7:14	168	7:14	19.70	2:17:51	6:59	7	19:44	211	54:12
Loddenke	3.20	17:54	5:35	13	7:30	201	7:30	22.90	2:35:45	6:48	8	15:52	211	1:01:42
Ilsenburg/Markt	3.30	17:59	5:26	14	6:56	182	6:56	26.20	2:53:44	6:37	16	1:08:38	216	1:08:38