



41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

Detailed evaluation

Reich, Karl Friedrich

Club: DLRG Hettstedt

Number: 238

Course: 26.20 km

Brockenlauf

Category:

Männer M20

Total time: 2:54:08

Speed: 8.96 km/h

Running performance: 6:39 min/km

Rank in course/Total: 244 (of 370)

Rank in course/Men: 217 (of 317)

Best time in course: 1:45:06

Rank in category: 17(of 22)

Best time in the category: 1:45:06

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Loddenke	3.30	16:58	5:08	9	3:56	65	3:56	3.30	16:58	5:08	7		212	3:55
Schlüsie	3.10	18:53	6:05	9	4:58	71	4:58	6.40	35:51	5:36	7		212	8:23
Hermannsklippe	2.60	17:41	6:48	13	5:59	127	5:59	9.00	53:32	5:56	7		212	14:00
Brocken	3.10	33:13	10:42	15	14:12	201	14:12	12.10	1:26:45	7:10	7	6:02	144	26:47
Eiserner Handwe	3.60	19:05	5:18	13	6:37	131	6:37	15.70	1:45:50	6:44	7	4:29	212	33:24
Schlüsie	4.00	17:03	4:15	11	5:50	117	5:50	19.70	2:02:53	6:14	6	4:46	212	39:14
Loddenke	3.20	19:43	6:09	18	9:19	248	9:19	22.90	2:22:36	6:13	7	2:43	212	48:33
Ilsenburg/Markt	3.30	31:32	9:33	22	20:29	306	20:29	26.20	2:54:08	6:38	17	1:09:02	217	1:09:02