



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Goncharuk, Andriy

Club: Hannover
Number: 298

Course: 26.20 km
Brockenlauf

Category:
Männer M30

Total time: 2:54:17

Speed: 9.02 km/h
Running performance: 6:39 min/km

Rank in course/Total: 246 (of 370)

Rank in course/Men: 218 (of 317)

Best time in course: 1:45:06

Rank in category: 19(of 23)

Best time in the category: 2:00:20

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:34	5:37	13	4:47	131	5:32	3.30	18:34	5:37	6		213	5:31
Schlüsie	3.10	21:41	6:59	17	5:56	186	7:46	6.40	40:15	6:17	6		213	12:47
Hermannsklippe	2.60	17:29	6:43	13	4:17	121	5:47	9.00	57:44	6:24	6		213	18:12
Brocken	3.10	30:11	9:44	13	8:01	125	11:10	12.10	1:27:55	7:15	6		213	27:57
Eiserner Handwe	3.60	21:53	6:04	19	7:15	221	9:25	15.70	1:49:48	6:59	6	0:02	213	37:22
Schlüsie	4.00	21:21	5:20	19	8:40	243	10:08	19.70	2:11:09	6:39	6	3:41	213	47:30
Loddenke	3.20	21:58	6:51	21	9:22	270	11:34	22.90	2:33:07	6:41	6	10:17	213	59:04
Ilseburg/Markt	3.30	21:10	6:24	20	7:52	258	10:07	26.20	2:54:17	6:39	19	53:57	218	1:09:11