



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Vauth, Jürgen

Club: Non-Stop-Ultra
Number: 137

Course: 26.20 km
Brockenlauf

Category:
Männer M45

Total time: 2:55:25

Speed: 8.89 km/h
Running performance: 6:42 min/km

Rank in course/Total: 252 (of 370)

Rank in course/Men: 220 (of 317)

Best time in course: 1:45:06

Rank in category: 53(of 74)

Best time in the category: 2:01:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Loddenke	3.30	18:18	5:32	30	114	4:00	5:16	3.30	18:18	5:32	5		140	5:15
Schlüsie	3.10	22:38	7:18	53	218	6:09	8:43	6.40	40:56	6:23	5		147	13:28
Hermannsklippe	2.60	20:48	8:00	57	235	6:47	9:06	9.00	1:01:44	6:51	5	2:12	215	22:12
Brocken	3.10	36:52	11:53	58	257	15:43	17:51	12.10	1:38:36	8:08	5	8:00	215	38:38
Eiserner Handwe	3.60	21:48	6:03	51	220	7:18	9:20	15.70	2:00:24	7:40	5	9:58	215	47:58
Schlüsie	4.00	20:05	5:01	53	220	6:36	8:52	19.70	2:20:29	7:07	2	9:05	215	56:50
Loddenke	3.20	16:59	5:18	43	182	5:05	6:35	22.90	2:37:28	6:52	5	10:05	215	1:03:25
Ilseburg/Markt	3.30	17:57	5:26	47	181	5:17	6:54	26.20	2:55:25	6:41	53	54:04	220	1:10:19