



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Jentsch, Jürgen

Club: Berlin
Number: 151

Course: 26.20 km
Brockenlauf

Category:
Männer M55

Total time: 2:56:52

Speed: 8.89 km/h
Running performance: 6:45 min/km

Rank in course/Total: 256 (of 370)

Rank in course/Men: 224 (of 317)

Best time in course: 1:45:06

Rank in category: 19(of 30)

Best time in the category: 2:09:58

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Stage score		Pos	Behind	Total		Pos	Behind	Total ranking	
	km	Time			min/km	Cat.			Men	Men			km	Time
Loddenke	3.30	20:00	6:03	18	4:59	201	6:58	3.30	20:00	6:03	13		219	6:57
Schlüsie	3.10	21:25	6:54	12	4:27	172	7:30	6.40	41:25	6:28	13		219	13:57
Hermannsklippe	2.60	17:52	6:52	12	3:02	139	6:10	9.00	59:17	6:35	13		219	19:45
Brocken	3.10	46:17	14:55	29	19:16	306	27:16	12.10	1:45:34	8:43	13	14:25	219	45:36
Eiserner Handwe	3.60	21:00	5:49	19	5:36	202	8:32	15.70	2:06:34	8:03	13	14:08	219	54:08
Schlüsie	4.00	17:22	4:20	10	3:07	125	6:09	19.70	2:23:56	7:18	11	10:47	219	1:00:17
Loddenke	3.20	16:03	5:00	9	3:01	139	5:39	22.90	2:39:59	6:59	13	10:21	219	1:05:56
Ilseburg/Markt	3.30	16:53	5:06	9	3:41	138	5:50	26.20	2:56:52	6:45	19	46:54	224	1:11:46