



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Schmidt, Lothar

Club: Möser
Number: 140

Course: 26.20 km
Brockenlauf

Category:
Männer M50

Total time: 2:56:59

Speed: 8.81 km/h
Running performance: 6:46 min/km

Rank in course/Total: 259 (of 370)

Rank in course/Men: 226 (of 317)

Best time in course: 1:45:06

Rank in category: 35(of 51)

Best time in the category: 1:57:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:22	5:52	25	4:08	174	6:20	3.30	19:22	5:52	10		221	6:19
Schlüsie	3.10	23:51	7:41	39	7:26	248	9:56	6.40	43:13	6:45	10	0:06	221	15:45
Hermannsklippe	2.60	22:45	8:45	45	9:09	278	11:03	9.00	1:05:58	7:19	10	2:56	221	26:26
Brocken	3.10	37:10	11:59	43	14:46	260	18:09	12.10	1:43:08	8:31	10	2:51	221	43:10
Eiserner Handwe	3.60	20:16	5:37	28	6:44	171	7:48	15.70	2:03:24	7:51	10	0:21	221	50:58
Schlüsie	4.00	19:20	4:49	33	6:31	199	8:07	19.70	2:22:44	7:14	12	4:05	221	59:05
Loddenke	3.20	16:34	5:10	30	5:14	167	6:10	22.90	2:39:18	6:57	11		221	1:05:15
Ilseburg/Markt	3.30	17:41	5:21	29	5:32	170	6:38	26.20	2:56:59	6:45	35	59:07	226	1:11:53