



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Wunsch, Ramon

Club: Tritonen Groß Lafferde
Number: 231

Course: 26.20 km
Brockenlauf

Category:
Männer M40

Total time: 2:59:14

Speed: 8.70 km/h
Running performance: 6:50 min/km

Rank in course/Total: 267 (of 370)

Rank in course/Men: 234 (of 317)

Best time in course: 1:45:06

Rank in category: 40(of 47)

Best time in the category: 1:45:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:01	6:03	38	6:59	202	6:59	3.30	20:01	6:03	16	0:09	146	6:58
Schlüsie	3.10	21:15	6:51	31	7:06	165	7:20	6.40	41:16	6:26	16	0:22	231	13:48
Hermannsklippe	2.60	18:38	7:09	31	6:41	172	6:56	9.00	59:54	6:39	16	0:53	231	20:22
Brocken	3.10	32:29	10:28	32	12:24	178	13:28	12.10	1:32:23	7:38	16	1:52	231	32:25
Eiserner Handwe	3.60	22:28	6:14	38	9:56	235	10:00	15.70	1:54:51	7:18	16	3:21	231	42:25
Schlüsie	4.00	25:36	6:24	42	14:08	285	14:23	19.70	2:20:27	7:07	17	9:17	231	56:48
Loddenke	3.20	18:39	5:49	35	8:08	221	8:15	22.90	2:39:06	6:56	16	9:30	231	1:05:03
Ilseburg/Markt	3.30	20:08	6:06	38	8:45	239	9:05	26.20	2:59:14	6:50	40	1:13:31	234	1:14:08