



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Maren, Andersen

Club: Hildesheim
Number: 388

Course: 26.20 km
Brockenlauf

Category:
Frauen W35

Total time: 3:02:19

Speed: 8.62 km/h
Running performance: 6:58 min/km

Rank in course/Total: 276 (of 370)

Rank in course/Women: 37 (of 53)

Best time in course: 2:03:07

Rank in category: 6(of 8)

Best time in the category: 2:17:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Loddenke	3.30	21:03	6:22	5	5:19	29	6:44	3.30	21:03	6:22	6	5:19	11
Schlüsie	3.10	23:50	7:41	7	5:49	34	7:47	6.40	44:53	7:00	6	11:08	11
Hermannsklippe	2.60	21:17	8:11	6	5:55	36	7:59	9.00	1:06:10	7:21	6	17:03	11
Brocken	3.10	38:18	12:21	7	11:33	42	15:52	12.10	1:44:28	8:38	6	28:36	11
Eiserner Handwe	3.60	22:44	6:18	7	6:30	36	7:06	15.70	2:07:12	8:06	6	35:06	11
Schlüsie	4.00	19:56	4:59	6	4:48	33	5:04	19.70	2:27:08	7:28	6	39:54	15 2:12
Loddenke	3.20	16:44	5:13	4	2:18	28	3:51	22.90	2:43:52	7:09	6	41:58	11
Ilseburg/Markt	3.30	18:27	5:35	5	3:10	34	4:49	26.20	3:02:19	6:57	6	44:48	37 59:12