



41. Brockenlauf, 21. Ilsesteinlauf  
Ilseburg / 03.09.2011

Detailed evaluation

Lück, Christian

Club: Magdeburg  
Number: 195

Course: 26.20 km  
Brockenlauf

Category:  
Männer M20

Total time: 3:04:01

Speed: 8.54 km/h  
Running performance: 7:01 min/km

Rank in course/Total: 282 (of 370)

Rank in course/Men: 245 (of 317)

Best time in course: 1:45:06

Rank in category: 19(of 22)

Best time in the category: 1:45:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Loddenke	3.30	21:45	6:35	22	8:43	260	8:43	3.30	21:45	6:35	5	3:00	242	8:42
Schlüsie	3.10	22:51	7:22	19	8:56	225	8:56	6.40	44:36	6:58	5	6:26	242	17:08
Hermannsklippe	2.60	20:22	7:49	19	8:40	228	8:40	9.00	1:04:58	7:13	4	10:45	242	25:26
Brocken	3.10	34:24	11:05	17	15:23	228	15:23	12.10	1:39:22	8:12	5	18:39	242	39:24
Eiserner Handwe	3.60	22:28	6:14	18	10:00	235	10:00	15.70	2:01:50	7:45	5	20:29	242	49:24
Schlüsie	4.00	21:28	5:21	19	10:15	246	10:15	19.70	2:23:18	7:16	4	25:11	242	59:39
Loddenke	3.20	19:44	6:10	19	9:20	249	9:20	22.90	2:43:02	7:07	5	23:09	242	1:08:59
Ilseburg/Markt	3.30	20:59	6:21	20	9:56	255	9:56	26.20	3:04:01	7:01	19	1:18:55	245	1:18:55