



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Drücker, Andre

Club: Ilseburg
Number: 328

Course: 26.20 km
Brockenlauf

Category:
Männer M45

Total time: 3:04:42

Speed: 8.45 km/h
Running performance: 7:03 min/km

Rank in course/Total: 286 (of 370)

Rank in course/Men: 249 (of 317)

Best time in course: 1:45:06

Rank in category: 60(of 74)

Best time in the category: 2:01:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:37	5:56	44	5:19	183	6:35	3.30	19:37	5:56	34		246	6:34
Schlüsie	3.10	23:06	7:27	56	6:37	234	9:11	6.40	42:43	6:40	34	1:36	246	15:15
Hermannsklippe	2.60	22:21	8:35	63	8:20	273	10:39	9.00	1:05:04	7:13	34	5:32	246	25:32
Brocken	3.10	37:43	12:09	60	16:34	267	18:42	12.10	1:42:47	8:29	34	12:11	246	42:49
Eiserner Handwe	3.60	20:12	5:36	41	5:42	167	7:44	15.70	2:02:59	7:50	34	12:33	246	50:33
Schlüsie	4.00	19:48	4:57	52	6:19	216	8:35	19.70	2:22:47	7:14	29	11:23	246	59:08
Loddenke	3.20	22:05	6:54	64	10:11	271	11:41	22.90	2:44:52	7:11	34	17:29	246	1:10:49
Ilseburg/Markt	3.30	19:50	6:00	58	7:10	233	8:47	26.20	3:04:42	7:02	60	1:03:21	249	1:19:36