



41. Brockenlauf, 21. Ilsesteinlauf  
Ilseburg / 03.09.2011

Detailed evaluation

Teutloff, Maik

Club: Guts Muts Quedlinburg  
Number: 261

Course: 26.20 km  
Brockenlauf

Category:  
Männer M20

Total time: 3:04:48

Speed: 8.51 km/h  
Running performance: 7:03 min/km

Rank in course/Total: 287 (of 370)

Rank in course/Men: 250 (of 317)

Best time in course: 1:45:06

Rank in category: 20(of 22)

Best time in the category: 1:45:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	min/km	Cat.	Men	Cat.	Men
Loddenke	3.30	20:26	6:11	19	217	7:24	7:24	3.30	20:26	6:11	3	1:41	247	7:23
Schlüsie	3.10	24:25	7:52	20	263	10:30	10:30	6.40	44:51	7:00	4	6:41	247	17:23
Hermannsklippe	2.60	20:07	7:44	18	222	8:25	8:25	9.00	1:04:58	7:13	4	10:45	242	25:26
Brocken	3.10	37:28	12:05	21	264	18:27	18:27	12.10	1:42:26	8:27	3	21:43	247	42:28
Eiserner Handwe	3.60	24:36	6:50	20	276	12:08	12:08	15.70	2:07:02	8:05	4	25:41	247	54:36
Schlüsie	4.00	21:08	5:16	18	239	9:55	9:55	19.70	2:28:10	7:31	3	30:03	247	1:04:31
Loddenke	3.20	19:19	6:02	16	239	8:55	8:55	22.90	2:47:29	7:18	4	27:36	247	1:13:26
Ilseburg/Markt	3.30	17:19	5:14	12	155	6:16	6:16	26.20	3:04:48	7:03	20	1:19:42	250	1:19:42