



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Hotze, Silke

Club: Bovenden
Number: 367

Course: 26.20 km
Brockenlauf

Category:
Frauen W35

Total time: 3:05:08

Speed: 8.43 km/h
Running performance: 7:04 min/km

Rank in course/Total: 288 (of 370)

Rank in course/Women: 38 (of 53)

Best time in course: 2:03:07

Rank in category: 7(of 8)

Best time in the category: 2:17:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Loddenke	3.30	22:00	6:40	7	6:16	37	7:41	3.30	22:00	6:40	7	6:16	7
Schlüsie	3.10	23:46	7:39	6	5:45	32	7:43	6.40	45:46	7:09	7	12:01	8
Hermannsklippe	2.60	21:20	8:12	7	5:58	37	8:02	9.00	1:07:06	7:27	7	17:59	7
Brocken	3.10	36:41	11:49	6	9:56	38	14:15	12.10	1:43:47	8:34	7	27:55	12
Eiserner Handwe	3.60	21:45	6:02	5	5:31	32	6:07	15.70	2:05:32	7:59	7	33:26	12
Schlüsie	4.00	20:42	5:10	7	5:34	38	5:50	19.70	2:26:14	7:25	7	39:00	16 1:18
Loddenke	3.20	18:07	5:39	6	3:41	37	5:14	22.90	2:44:21	7:10	7	42:27	12
Ilseburg/Markt	3.30	20:47	6:17	7	5:30	43	7:09	26.20	3:05:08	7:03	7	47:37	38 1:02:01