



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Sommer, Eckhard

Club: Laufteam Herzberg
Number: 253

Course: 26.20 km
Brockenlauf

Category:
Männer M65

Total time: 3:05:54

Speed: 8.39 km/h
Running performance: 7:06 min/km

Rank in course/Total: 291 (of 370)

Rank in course/Men: 253 (of 317)

Best time in course: 1:45:06

Rank in category: 9(of 13)

Best time in the category: 2:32:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:45	6:17	5	2:20	230	7:43	3.30	20:45	6:17	8	2:20	250	7:42
Schlüsie	3.10	23:13	7:29	5	1:29	236	9:18	6.40	43:58	6:52	8	3:49	250	16:30
Hermannsklippe	2.60	21:51	8:24	10	3:13	263	10:09	9.00	1:05:49	7:18	8	7:02	250	26:17
Brocken	3.10	37:36	12:07	9	8:00	266	18:35	12.10	1:43:25	8:32	8	15:02	250	43:27
Eiserner Handwe	3.60	23:08	6:25	10	3:55	247	10:40	15.70	2:06:33	8:03	8	17:43	250	54:07
Schlüsie	4.00	20:58	5:14	8	4:23	237	9:45	19.70	2:27:31	7:29	8	20:57	250	1:03:52
Loddenke	3.20	18:30	5:46	7	3:11	215	8:06	22.90	2:46:01	7:14	8	22:22	250	1:11:58
Ilseburg/Markt	3.30	19:53	6:01	6	4:00	237	8:50	26.20	3:05:54	7:05	9	33:14	253	1:20:48