



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Hörning, Sebastian

Club: Aschersleben
Number: 393

Course: 26.20 km
Brockenlauf

Category:
Männer M20

Total time: 3:11:27

Speed: 8.21 km/h
Running performance: 7:19 min/km

Rank in course/Total: 302 (of 370)

Rank in course/Men: 263 (of 317)

Best time in course: 1:45:06

Rank in category: 21(of 22)

Best time in the category: 1:45:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Loddenke	3.30	20:26	6:11	19	217	7:24	7:24	3.30	20:26	6:11	3	1:41	247	7:23
Schlüsie	3.10	24:26	7:52	21	264	10:31	10:31	6.40	44:52	7:00	3	6:42	259	17:24
Hermannsklippe	2.60	21:19	8:11	21	251	9:37	9:37	9.00	1:06:11	7:21	3	11:58	259	26:39
Brocken	3.10	36:15	11:41	19	246	17:14	17:14	12.10	1:42:26	8:27	3	21:43	247	42:28
Eiserner Handwe	3.60	27:03	7:30	21	290	14:35	14:35	15.70	2:09:29	8:14	3	28:08	259	57:03
Schlüsie	4.00	21:52	5:28	20	255	10:39	10:39	19.70	2:31:21	7:40	2	33:14	259	1:07:42
Loddenke	3.20	20:54	6:31	21	261	10:30	10:30	22.90	2:52:15	7:31	3	32:22	259	1:18:12
Ilseburg/Markt	3.30	19:12	5:49	16	215	8:09	8:09	26.20	3:11:27	7:18	21	1:26:21	263	1:26:21