



41. Brockenlauf, 21. Ilsesteinlauf  
Ilseburg / 03.09.2011

Detailed evaluation

Fender, Torsten

Club: Berlin  
Number: 200

Course: 26.20 km  
Brockenlauf

Category:  
Männer M45

Total time: 3:14:33

Speed: 8.02 km/h  
Running performance: 7:26 min/km

Rank in course/Total: 313 (of 370)

Rank in course/Men: 272 (of 317)

Best time in course: 1:45:06

Rank in category: 66(of 74)

Best time in the category: 2:01:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
Loddenke	3.30	19:43	5:58	45	5:25	184	6:41	3.30	19:43	5:58	19		268	6:40			
Schlüsie	3.10	25:12	8:07	67	8:43	276	11:17	6.40	44:55	7:01	19	3:48	268	17:27			
Hermannsklippe	2.60	24:12	9:18	69	10:11	295	12:30	9.00	1:09:07	7:40	19	9:35	268	29:35			
Brocken	3.10	39:26	12:43	68	18:17	285	20:25	12.10	1:48:33	8:58	19	17:57	268	48:35			
Eiserner Handwe	3.60	21:56	6:05	52	7:26	222	9:28	15.70	2:10:29	8:18	19	20:03	268	58:03			
Schlüsie	4.00	20:37	5:09	56	7:08	228	9:24	19.70	2:31:06	7:40	23	19:42	268	1:07:27			
Loddenke	3.20	22:32	7:02	65	10:38	274	12:08	22.90	2:53:38	7:34	19	26:15	268	1:19:35			
Ilseburg/Markt	3.30	20:55	6:20	59	8:15	253	9:52	26.20	3:14:33	7:25	66	1:13:12	272	1:29:27			