



41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

Detailed evaluation

Ryll, Emil

Club: Hettstedt

Number: 217

Course: 26.20 km

Brockenlauf

Category:

Männer M70

Total time: 3:18:28

Speed: 7.86 km/h

Running performance: 7:35 min/km

Rank in course/Total: 324 (of 370)

Rank in course/Men: 281 (of 317)

Best time in course: 1:45:06

Rank in category: 2(of 4)

Best time in the category: 2:23:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:10	7:01	2	5:54	289	10:08	3.30	23:10	7:01	2	5:54	277	10:07
Schlüsie	3.10	27:01	8:42	2	6:55	297	13:06	6.40	50:11	7:50	2	12:49	277	22:43
Hermannsklippe	2.60	23:13	8:55	2	6:09	282	11:31	9.00	1:13:24	8:09	2	18:58	277	33:52
Brocken	3.10	39:00	12:34	2	10:14	281	19:59	12.10	1:52:24	9:17	2	29:12	277	52:26
Eiserner Handwe	3.60	21:37	6:00	2	5:25	215	9:09	15.70	2:14:01	8:32	2	34:37	277	1:01:35
Schlüsie	4.00	21:40	5:25	2	6:23	248	10:27	19.70	2:35:41	7:54	2	41:00	277	1:12:02
Loddenke	3.20	19:19	6:02	2	5:32	239	8:55	22.90	2:55:00	7:38	2	46:32	277	1:20:57
Ilseburg/Markt	3.30	23:28	7:06	4	8:46	278	12:25	26.20	3:18:28	7:34	2	55:18	281	1:33:22