



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Kuhl, Peter

Club: LT Salzgitter
Number: 227

Course: 26.20 km
Brockenlauf

Category:
Männer M60

Total time: 3:19:33

Speed: 7.88 km/h
Running performance: 7:37 min/km

Rank in course/Total: 326 (of 370)

Rank in course/Men: 283 (of 317)

Best time in course: 1:45:06

Rank in category: 17(of 21)

Best time in the category: 2:18:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Loddenke	3.30	23:37	7:09	18	6:59	296	10:35	3.30	23:37	7:09	6	1:51	264	10:34
Schlüsie	3.10	24:11	7:48	17	5:36	256	10:16	6.40	47:48	7:28	6	3:30	279	20:20
Hermannsklippe	2.60	21:38	8:19	16	5:44	257	9:56	9.00	1:09:26	7:42	6	6:31	279	29:54
Brocken	3.10	38:58	12:34	16	12:24	279	19:57	12.10	1:48:24	8:57	6	12:22	279	48:26
Eiserner Handwe	3.60	25:02	6:57	16	8:54	279	12:34	15.70	2:13:26	8:29	6	16:51	264	1:01:00
Schlüsie	4.00	22:56	5:44	17	7:53	273	11:43	19.70	2:36:22	7:56	2	22:07	279	1:12:43
Loddenke	3.20	20:10	6:18	16	6:29	253	9:46	22.90	2:56:32	7:42	6	23:06	279	1:22:29
Ilseburg/Markt	3.30	23:01	6:58	18	8:08	274	11:58	26.20	3:19:33	7:36	17	1:01:17	283	1:34:27