



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Rentner, Philipp

Club: Berlin
Number: 396

Course: 26.20 km
Brockenlauf

Category:
Männer M30

Total time: 3:20:57

Speed: 7.76 km/h
Running performance: 7:40 min/km

Rank in course/Total: 329 (of 370)

Rank in course/Men: 285 (of 317)

Best time in course: 1:45:06

Rank in category: 23(of 23)

Best time in the category: 2:00:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:28	6:48	22	8:41	277	9:26	3.30	22:28	6:48	2	2:43	276	9:25
Schlüsie	3.10	25:31	8:13	22	9:46	282	11:36	6.40	47:59	7:29	2	6:46	281	20:31
Hermannsklippe	2.60	22:01	8:28	21	8:49	269	10:19	9.00	1:10:00	7:46	2	9:47	281	30:28
Brocken	3.10	36:47	11:51	23	14:37	254	17:46	12.10	1:46:47	8:49	2	15:43	281	46:49
Eiserner Handwe	3.60	23:16	6:27	22	8:38	255	10:48	15.70	2:10:03	8:17	2	20:17	281	57:37
Schlüsie	4.00	21:44	5:26	20	9:03	250	10:31	19.70	2:31:47	7:42	2	24:19	275	1:08:08
Loddenke	3.20	24:17	7:35	22	11:41	281	13:53	22.90	2:56:04	7:41	2	33:14	281	1:22:01
Ilseburg/Markt	3.30	24:53	7:32	23	11:35	287	13:50	26.20	3:20:57	7:40	23	1:20:37	285	1:35:51