



41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

Detailed evaluation

Thom, Niels

Club: Berlin
Number: 48

Course: 26.20 km
Brockenlauf

Category:
Männer M50

Total time: 3:21:16

Speed: 7.81 km/h
Running performance: 7:41 min/km

Rank in course/Total: 331 (of 370)

Rank in course/Men: 287 (of 317)

Best time in course: 1:45:06

Rank in category: 46(of 51)

Best time in the category: 1:57:52

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	-	-	51		311		3.30	-	-	51		311	
Schlüsie	3.10	-	-	51		311		6.40	-	-	51		311	
Hermannsklippe	2.60	-	-	51		311		9.00	-	-	51		311	
Brocken	3.10	-	-	51		311		12.10	-	-	51		311	
Eiserner Handwe	3.60	-	-	51		310		15.70	-	-	51		310	
Schlüsie	4.00	-	-	48		289		19.70	-	-	47		288	
Loddenke	3.20	-	-	50		309		22.90	-	-	50		309	
Ilseburg/Markt	3.30	3:21:16	60:59	51	3:09:07	314	3:10:13	26.20	3:21:16	7:40	46	1:23:24	287	1:36:10