



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Langbecker, Yvonne

Club: ESV 49 Angermünde -Die Lokvögel-
Number: 64

Course: 26.20 km
Brockenlauf

Category:
Frauen W40

Total time: 3:24:11

Speed: 7.64 km/h
Running performance: 7:47 min/km

Rank in course/Total: 332 (of 370)

Rank in course/Women: 45 (of 53)

Best time in course: 2:03:07

Rank in category: 10(of 11)

Best time in the category: 2:14:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:41	6:52	10	5:36	42	8:22	3.30	22:41	6:52	10	4:29	19	
Schlüsie	3.10	25:30	8:13	10	7:13	41	9:27	6.40	48:11	7:31	10	11:42	19	
Hermannsklippe	2.60	23:05	8:52	10	7:35	44	9:47	9.00	1:11:16	7:55	10	19:17	19	
Brocken	3.10	44:57	14:30	11	20:43	52	22:31	12.10	1:56:13	9:36	10	40:00	19	10:15
Eiserner Handwe	3.60	26:06	7:15	11	10:12	48	10:28	15.70	2:22:19	9:03	10	50:12	19	6:34
Schlüsie	4.00	fehlt!	-	-	-	-	-	19.70	-	-	-	-	-	-
Loddenke	3.20	42:04	13:08	10	28:55	45	29:11	22.90	3:04:23	8:03	10	1:03:49	19	12:23
Ilseburg/Markt	3.30	19:48	6:00	9	5:51	39	6:10	26.20	3:24:11	7:47	10	1:09:40	45	1:21:04