



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Röhse, Sören

Club: Hochschule Harz
Number: 193

Course: 26.20 km
Brockenlauf

Category:
Männer M35

Total time: 3:24:50

Speed: 7.62 km/h
Running performance: 7:49 min/km

Rank in course/Total: 334 (of 370)

Rank in course/Men: 289 (of 317)

Best time in course: 1:45:06

Rank in category: 26(of 30)

Best time in the category: 1:51:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:51	6:19	27	7:05	232	7:49	3.30	20:51	6:19	5	3:39	257	7:48
Schlüsie	3.10	24:31	7:54	27	9:09	268	10:36	6.40	45:22	7:05	5	8:25	257	17:54
Hermannsklippe	2.60	23:44	9:07	27	11:04	287	12:02	9.00	1:09:06	7:40	5	14:48	284	29:34
Brocken	3.10	38:18	12:21	28	17:33	275	19:17	12.10	1:47:24	8:52	5	22:38	284	47:26
Eiserner Handwe	3.60	23:31	6:31	27	10:17	262	11:03	15.70	2:10:55	8:20	4	24:30	257	58:29
Schlüsie	4.00	22:22	5:35	26	10:04	264	11:09	19.70	2:33:17	7:46	3	28:51	283	1:09:38
Loddenke	3.20	25:36	8:00	28	14:30	285	15:12	22.90	2:58:53	7:48	4	39:30	284	1:24:50
Ilseburg/Markt	3.30	25:57	7:51	27	13:43	295	14:54	26.20	3:24:50	7:49	26	1:33:25	289	1:39:44