



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Fraga Gonzalez, Marco-Antonio

Club: Hannover
Number: 118

Course: 26.20 km
Brockenlauf

Category:
Männer M35

Total time: 3:27:48

Speed: 7.51 km/h
Running performance: 7:56 min/km

Rank in course/Total: 338 (of 370)

Rank in course/Men: 291 (of 317)

Best time in course: 1:45:06

Rank in category: 27(of 30)

Best time in the category: 1:51:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:19	6:27	28	7:33	251	8:17	3.30	21:19	6:27	4	4:07	286	8:16
Schlüsie	3.10	25:35	8:15	28	10:13	283	11:40	6.40	46:54	7:19	4	9:57	286	19:26
Hermannsklippe	2.60	24:13	9:18	29	11:33	296	12:31	9.00	1:11:07	7:54	4	16:49	286	31:35
Brocken	3.10	39:57	12:53	29	19:12	288	20:56	12.10	1:51:04	9:10	4	26:18	278	51:06
Eiserner Handwe	3.60	23:25	6:30	26	10:11	259	10:57	15.70	2:14:29	8:33	3	28:04	278	1:02:03
Schlüsie	4.00	23:13	5:48	27	10:55	275	12:00	19.70	2:37:42	8:00	2	33:16	284	1:14:03
Loddenke	3.20	23:54	7:28	27	12:48	280	13:30	22.90	3:01:36	7:55	3	42:13	286	1:27:33
Ilseburg/Markt	3.30	26:12	7:56	28	13:58	297	15:09	26.20	3:27:48	7:55	27	1:36:23	291	1:42:42