



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Wernicke, Raik

Club: TGS Walldorf
Number: 74

Course: 26.20 km
Brockenlauf

Category:
Männer M40

Total time: 3:31:17

Speed: 7.44 km/h
Running performance: 8:04 min/km

Rank in course/Total: 346 (of 370)

Rank in course/Men: 298 (of 317)

Best time in course: 1:45:06

Rank in category: 47(of 47)

Best time in the category: 1:45:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Loddenke	3.30	23:34	7:08	43	295	10:32	10:32	3.30	23:34	7:08	22	293	3:42	10:31
Schlüsie	3.10	26:38	8:35	43	295	12:29	12:43	6.40	50:12	7:50	22	293	9:18	22:44
Hermannsklippe	2.60	22:48	8:46	43	279	10:51	11:06	9.00	1:13:00	8:06	22	293	13:59	33:28
Brocken	3.10	38:32	12:25	43	276	18:27	19:31	12.10	1:51:32	9:13	22	293	21:01	51:34
Eiserner Handwe	3.60	25:45	7:09	43	284	13:13	13:17	15.70	2:17:17	8:44	22	293	25:47	1:04:51
Schlüsie	4.00	fehlt!	-	-	-	-	-	19.70	-	-	-	-	-	-
Loddenke	3.20	48:41	15:12	44	294	38:10	38:17	22.90	3:05:58	8:07	22	293	36:22	1:31:55
Ilseburg/Markt	3.30	25:19	7:40	44	293	13:56	14:16	26.20	3:31:17	8:03	47	298	1:45:34	1:46:11