



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Just, Thomas

Club: BLV Ilseburg
Number: 330

Course: 26.20 km
Brockenlauf

Category:
Männer M50

Total time: 3:34:56

Speed: 7.26 km/h
Running performance: 8:12 min/km

Rank in course/Total: 348 (of 370)

Rank in course/Men: 300 (of 317)

Best time in course: 1:45:06

Rank in category: 47(of 51)

Best time in the category: 1:57:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:28	7:06	46	8:14	293	10:26	3.30	23:28	7:06	21	3:19	295	10:25
Schlüsie	3.10	28:14	9:06	49	11:49	306	14:19	6.40	51:42	8:04	21	8:35	295	24:14
Hermannsklippe	2.60	25:00	9:36	48	11:24	304	13:18	9.00	1:16:42	8:31	21	13:40	295	37:10
Brocken	3.10	39:40	12:47	47	17:16	287	20:39	12.10	1:56:22	9:37	21	16:05	295	56:24
Eiserner Handwe	3.60	30:02	8:20	49	16:30	304	17:34	15.70	2:26:24	9:19	21	23:21	295	1:13:58
Schlüsie	4.00	fehlt!	-	-	-	-	-	19.70	-	-	-	-	-	-
Loddenke	3.20	45:05	14:05	46	33:45	292	34:41	22.90	3:11:29	8:21	22	24:41	295	1:37:26
Ilseburg/Markt	3.30	23:27	7:06	45	11:18	277	12:24	26.20	3:34:56	8:12	47	1:37:04	300	1:49:50