



41. Brockenlauf, 21. Ilsesteinlauf  
Ilseburg / 03.09.2011

Detailed evaluation

Hörning, Jürgen

Club: TSV Langeoog  
Number: 136

Course: 26.20 km  
Brockenlauf

Category:  
Männer M60

Total time: 3:41:20

Speed: 7.10 km/h  
Running performance: 8:27 min/km

Rank in course/Total: 353 (of 370)

Rank in course/Men: 304 (of 317)

Best time in course: 1:45:06

Rank in category: 19(of 21)

Best time in the category: 2:18:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	24:42	7:29	21	8:04	304	11:40	3.30	24:42	7:29	4	2:56	290	11:39
Schlüsie	3.10	27:52	8:59	20	9:17	302	13:57	6.40	52:34	8:12	4	8:16	299	25:06
Hermannsklippe	2.60	24:02	9:14	19	8:08	292	12:20	9.00	1:16:36	8:30	4	13:41	299	37:04
Brocken	3.10	40:18	12:59	18	13:44	290	21:17	12.10	1:56:54	9:39	4	20:52	299	56:56
Eiserner Handwe	3.60	26:00	7:13	18	9:52	286	13:32	15.70	2:22:54	9:06	4	26:19	299	1:10:28
Schlüsie	4.00	fehlt!	-	-	-	-	-	19.70	-	-	-	-	-	-
Loddenke	3.20	50:16	15:42	18	36:35	296	39:52	22.90	3:13:10	8:26	4	39:44	299	1:39:07
Ilseburg/Markt	3.30	28:10	8:32	21	13:17	301	17:07	26.20	3:41:20	8:26	19	1:23:04	304	1:56:14