



41. Brockenlauf, 21. Ilsesteinlauf  
Ilseburg / 03.09.2011

Detailed evaluation

Hörning, Jürgen

Club: TSV Langeoog  
Number: 136

Course: 26.20 km  
Brockenlauf

Category:  
Männer M60

Total time: 3:41:20

Speed: 7.05 km/h  
Running performance: 8:27 min/km

Rank in course/Total: 353 (of 370)

Rank in course/Men: 304 (of 317)

Best time in course: 1:45:06

Rank in category: 19(of 21)

Best time in the category: 2:18:16

Intermediate times

Stage score

Total ranking

| Control         | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score |            | Total ranking |            |              |          |             |         |            |
|-----------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
|                 |          |            |              |          |             | Pos Men     | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke        | 3.30     | 24:42      | 7:29         | 21       | 8:04        | 304         | 11:40      | 3.30          | 24:42      | 7:29         | 4        | 2:56        | 290     | 11:39      |
| Schlüsie        | 3.10     | 27:52      | 8:59         | 20       | 9:17        | 302         | 13:57      | 6.40          | 52:34      | 8:12         | 4        | 8:16        | 299     | 25:06      |
| Hermannsklippe  | 2.60     | 24:02      | 9:14         | 19       | 8:08        | 292         | 12:20      | 9.00          | 1:16:36    | 8:30         | 4        | 13:41       | 299     | 37:04      |
| Brocken         | 3.10     | 40:18      | 12:59        | 18       | 13:44       | 290         | 21:17      | 12.10         | 1:56:54    | 9:39         | 4        | 20:52       | 299     | 56:56      |
| Eiserner Handwe | 3.60     | 26:00      | 7:13         | 18       | 9:52        | 286         | 13:32      | 15.70         | 2:22:54    | 9:06         | 4        | 26:19       | 299     | 1:10:28    |
| Schlüsie        | 4.00     | fehlt!     | -            | -        | -           | -           | -          | 19.70         | -          | -            | -        | -           | -       | -          |
| Loddenke        | 3.20     | 50:16      | 15:42        | 18       | 36:35       | 296         | 39:52      | 22.90         | 3:13:10    | 8:26         | 4        | 39:44       | 299     | 1:39:07    |
| Ilseburg/Markt  | 3.30     | 28:10      | 8:32         | 21       | 13:17       | 301         | 17:07      | 26.20         | 3:41:20    | 8:26         | 19       | 1:23:04     | 304     | 1:56:14    |