



41. Brockenlauf, 21. Ilsesteinlauf

Ilseburg / 03.09.2011

Detailed evaluation

Deckmann, Hans-Joachim

Club: TV Germania Wiedelah

Number: 165

Course: 26.20 km

Brockenlauf

Category:

Männer M70

Total time: 3:41:43

Speed: 7.09 km/h

Running performance: 8:28 min/km

Rank in course/Total: 354 (of 370)

Rank in course/Men: 305 (of 317)

Best time in course: 1:45:06

Rank in category: 4(of 4)

Best time in the category: 2:23:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	24:50	7:31	4	7:34	306	11:48	3.30	24:50	7:31	4	7:34	300	11:47
Schlüsie	3.10	27:57	9:00	4	7:51	304	14:02	6.40	52:47	8:14	4	15:25	300	25:19
Hermannsklippe	2.60	25:30	9:48	4	8:26	306	13:48	9.00	1:18:17	8:41	4	23:51	300	38:45
Brocken	3.10	51:03	16:28	4	22:17	310	32:02	12.10	2:09:20	10:41	4	46:08	300	1:09:22
Eiserner Handwe	3.60	27:58	7:46	4	11:46	297	15:30	15.70	2:37:18	10:01	4	57:54	300	1:24:52
Schlüsie	4.00	fehlt!	-	-	-	-	-	19.70	-	-	-	-	-	-
Loddenke	3.20	42:56	13:24	3	29:09	289	32:32	22.90	3:20:14	8:44	4	1:11:46	300	1:46:11
Ilseburg/Markt	3.30	21:29	6:30	2	6:47	260	10:26	26.20	3:41:43	8:27	4	1:18:33	305	1:56:37