



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Waldeck, Hans-Jürgen

Club: TuS Hasede
Number: 368

Course: 26.20 km
Brockenlauf

Category:
Männer M65

Total time: 4:03:52

Speed: 6.40 km/h
Running performance: 9:19 min/km

Rank in course/Total: 365 (of 370)

Rank in course/Men: 313 (of 317)

Best time in course: 1:45:06

Rank in category: 13(of 13)

Best time in the category: 2:32:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	25:54	7:50	12	7:29	310	12:52	3.30	25:54	7:50	12	7:29	309	12:51
Schlüsie	3.10	28:28	9:10	12	6:44	308	14:33	6.40	54:22	8:29	12	14:13	309	26:54
Hermannsklippe	2.60	24:09	9:17	12	5:31	294	12:27	9.00	1:18:31	8:43	12	19:44	309	38:59
Brocken	3.10	47:54	15:27	12	18:18	308	28:53	12.10	2:06:25	10:26	12	38:02	309	1:06:27
Eiserner Handwe	3.60	30:28	8:27	12	11:15	305	18:00	15.70	2:36:53	9:59	12	48:03	308	1:24:27
Schlüsie	4.00	fehlt!	-	-	-	-	-	19.70	-	-	-	-	-	-
Loddenke	3.20	57:32	17:58	12	42:13	305	47:08	22.90	3:34:25	9:21	12	1:10:46	308	2:00:22
Ilseburg/Markt	3.30	29:27	8:55	12	13:34	303	18:24	26.20	4:03:52	9:18	13	1:31:12	313	2:18:46