



41. Brockenlauf, 21. Ilsesteinlauf
Ilseburg / 03.09.2011

Detailed evaluation

Hanold, Udo

Club: Post Telekom Schwerin
Number: 224

Course: 26.20 km
Brockenlauf

Category:
Männer M50

Total time: 4:31:13

Speed: 5.75 km/h
Running performance: 10:21 min/km

Rank in course/Total: 367 (of 370)

Rank in course/Men: 314 (of 317)

Best time in course: 1:45:06

Rank in category: 51(of 51)

Best time in the category: 1:57:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:51	7:13	49	8:37	302	10:49	3.30	23:51	7:13	25	3:42	310	10:48
Schlüsie	3.10	27:56	9:00	48	11:31	303	14:01	6.40	51:47	8:05	25	8:40	310	24:19
Hermannsklippe	2.60	28:31	10:58	50	14:55	310	16:49	9.00	1:20:18	8:55	25	17:16	310	40:46
Brocken	3.10	45:59	14:50	50	23:35	304	26:58	12.10	2:06:17	10:26	25	26:00	310	1:06:19
Eiserner Handwe	3.60	35:44	9:55	50	22:12	309	23:16	15.70	2:42:01	10:19	25	38:58	309	1:29:35
Schlüsie	4.00	1:04:50	16:12	47	52:01	288	53:37	19.70	3:46:51	11:30	23	1:28:12	287	2:23:12
Loddenke	3.20	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	44:22	13:26	50	32:13	307	33:19	26.20	4:31:13	10:21	51	2:33:21	314	2:46:07