



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Filbrich, Jens

Club: SV Frankenhain
Number: 3059

Course: 10.60 km
Geländelauf lang

Category:
Männer M30

Total time: 35:50

Speed: 16.74 km/h
Running performance: 3:23 min/km

Rank in course/Total: 4 (of 199)

Rank in course/Men: 4 (of 160)

Best time in course: 35:07

Rank in category: 1(of 15)

Best time in the category: 35:50