



## 8. Trefffurter Stadtlauf

Treffurt / 10.09.2011

### Detailed evaluation

**Meinecke, Thomas**

Club: SV TU Ilmenau

Number: 3181

Course: 10.60 km

Geländelauf lang

Category:

Männer M45

Total time: 39:43

Speed: 15.11 km/h

Running performance: 3:45 min/km

Rank in course/Total: 9 (of 199)

Rank in course/Men: 9 (of 160)

Best time in course: 35:07

Rank in category: 1(of 36)

Best time in the category: 39:43