



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Thurm, Ingo

Club: Easy Fun
Number: 3033

Course: 10.60 km
Geländelauf lang

Category:
Männer M40

Total time: 40:22

Speed: 14.86 km/h
Running performance: 3:49 min/km

Rank in course/Total: 12 (of 199)

Rank in course/Men: 12 (of 160)

Best time in course: 35:07

Rank in category: 1(of 25)

Best time in the category: 40:22