



8. Trefffurter Stadtlauf  
Treffurt / 10.09.2011

Detailed evaluation

Rippel, Markus

Club: SV Nomania Treffurt  
Number: 3204

Course: 10.60 km  
Geländelauf lang

Category:  
Männer M30

Total time: 42:09

Speed: 14.23 km/h  
Running performance: 3:59 min/km

Rank in course/Total: 16 (of 199)

Rank in course/Men: 16 (of 160)

Best time in course: 35:07

Rank in category: 4(of 15)

Best time in the category: 35:50