



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Staufenbiel, Jörg

Club: SV 1921 Diedorf
Number: 3184

Course: 10.60 km
Geländelauf lang

Category:
Männer M40

Total time: 43:01

Speed: 13.95 km/h
Running performance: 4:04 min/km

Rank in course/Total: 21 (of 199)

Rank in course/Men: 21 (of 160)

Best time in course: 35:07

Rank in category: 2(of 25)

Best time in the category: 40:22