



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Herrmann, Michael

Club: sc impuls erfurt
Number: 3088

Course: 10.60 km
Geländelauf lang

Category:
Männer M55

Total time: 43:33

Speed: 13.78 km/h
Running performance: 4:07 min/km

Rank in course/Total: 24 (of 199)

Rank in course/Men: 24 (of 160)

Best time in course: 35:07

Rank in category: 1(of 13)

Best time in the category: 43:33